

TENNIS

What is a 3.0 player?

Tennis ratings range from a 1.0 to a 7.0.

A 3.0 player should be able to rally consistently on forehands and backhands hitting to a partner at slow to moderate speed. They should be able to control the direction of the ball and be consistent on volleys but may have trouble with low or wide balls. They also can smash easy lobs.

They have a full service motion and are able to achieve 50% on first serves in. The second serve is much slower than the first serve.

They should know how to score.